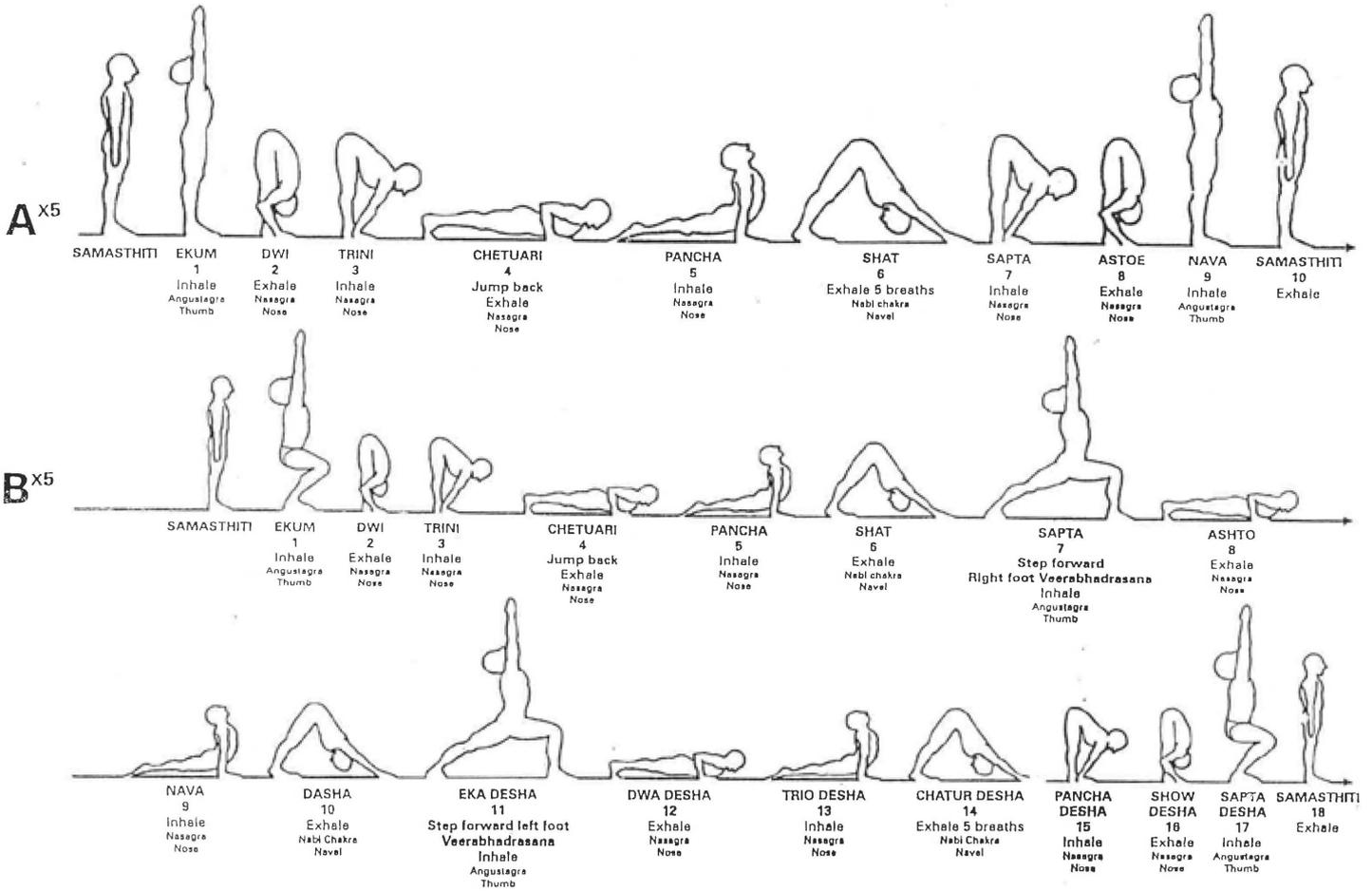
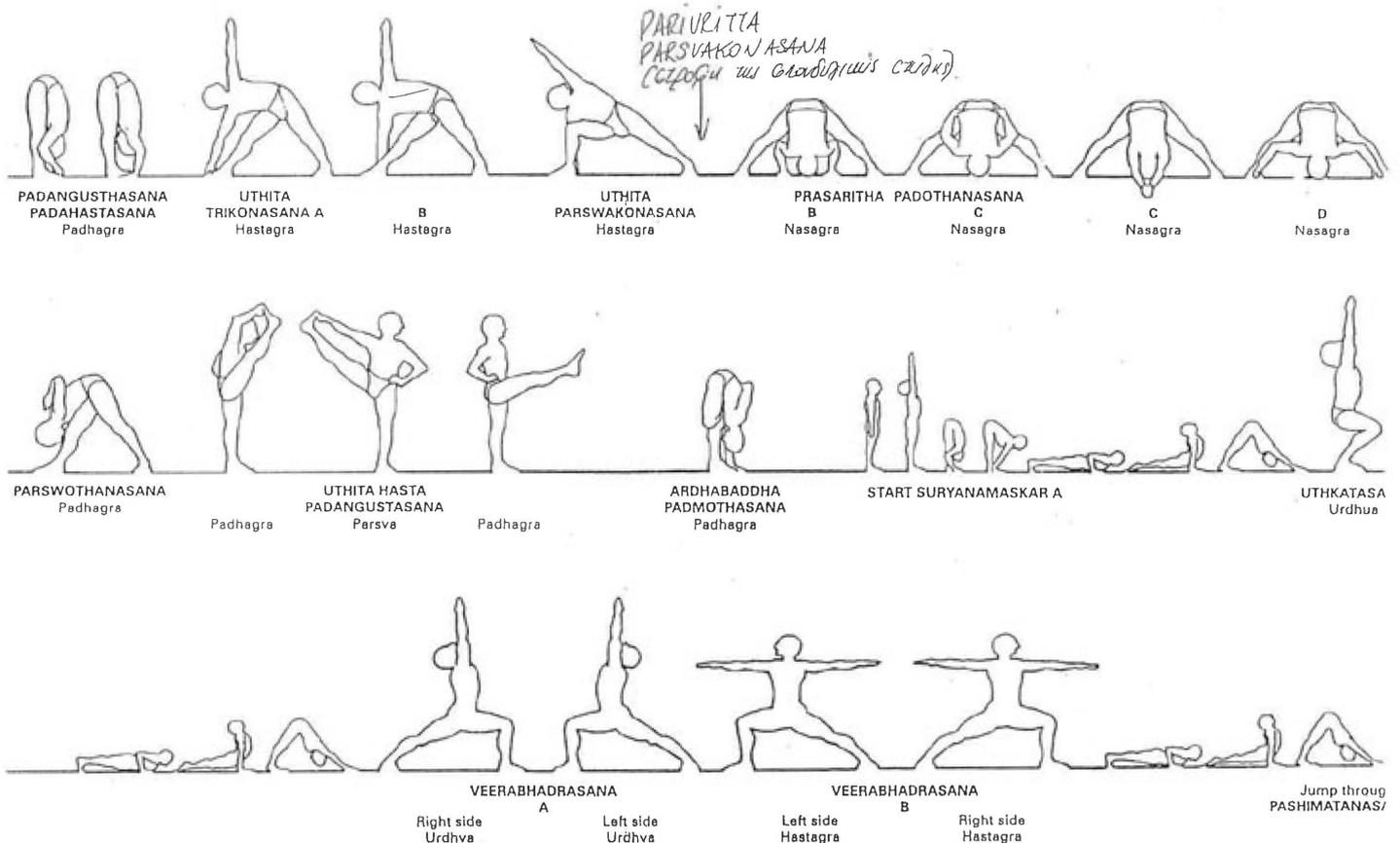


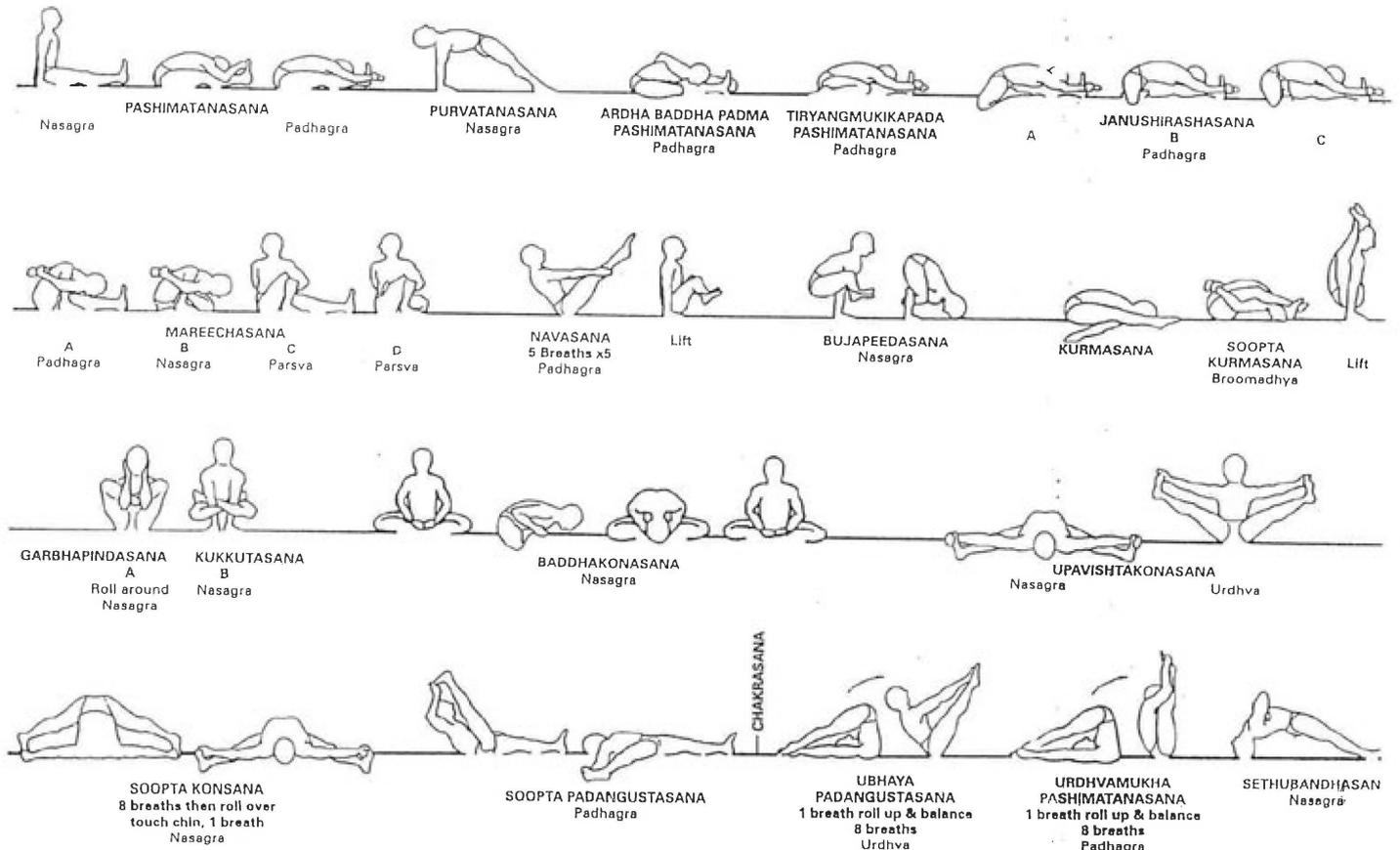
# SURYANAMASKARA A&B



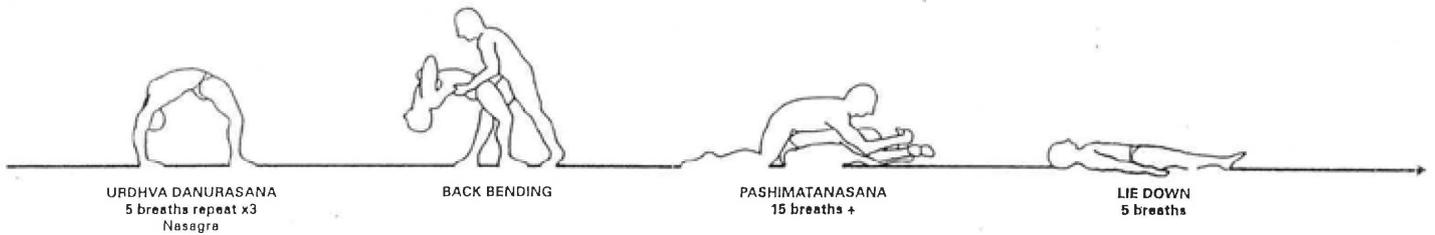
# STANDING ASANAS



# PRIMARY SERIES



# BACK BENDING



# FINISHING ASANAS

